

Beacon BUZZ

Week of January 4th

Beacon Elementary 19475 Beaconsfield Harper Woods, MI 48225



Important Upcoming Dates

January 4th



January 18th



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Reminders

If you are experiencing any technical difficulties please contact support: parent.support@hwschools.org or call (586) 217-2100

Visit our "Little Free Library" and pick up a book to read and keep when finished

Attendance

- School begins daily at 7:50am
- Charge your devices nightly
- If your child will be absent, please call the main office (313)245-5343
- Attendance is taken multiple times daily by all teachers



Social Emotional Learning



12 Home Activities that Build Social Emotional Skills

Play board games and sports



Go on a mindful walk outside



Writein a journal or diary





Practice coping skills, like mindful breathing



Read picture books



Practice mindful coloring





Start an acts of kindness challenge



Organize an area of the house





Write a selfcompliment

Glipart by Kate Hadfield & Sarah Pecorino



Use conversation starters to share ideas



Play games like "I Spy" and "Simon Says"