

Systematic Training for Effective Parenting

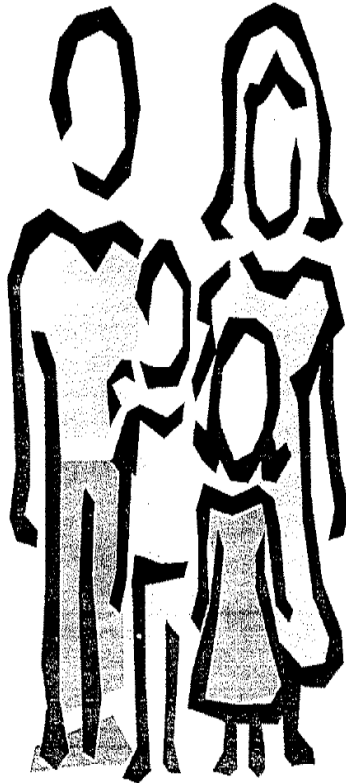
As parents, we want a calm, happy family environment. We want our children to grow into responsible people capable of leading meaningful, healthy adult lives.

STEP helps parents learn how not to reinforce their children's unacceptable behaviors and how to encourage cooperative behavior.

That's why more and more parents are turning to Systematic Training for Effective Parenting. These workshops will provide you with fresh ideas on how to meet the every day challenges of parenthood which include:

more consistent discipline homework issues
meal and bedtime routines
power struggles

Why Take a Parenting Class?



Community Assessment
Referral & Education

The eight sessions
include these topics:

Ways to build positive relationships with your children.

Encouragement — building confidence in your children and yourself.

Communication — discover ways to listen and talk together.

Exploring alternatives — helping your children make healthy choices.

Natural and logical consequences as an alternative to rewards and punishment.

Empowerment — learn how to give children positive power.

Ways to establish regular family meetings.

This program for Tyrone and Beacon parents will be held on Wednesday evenings from 6:30—8:30 P.M.

Class starts March 16—April 4

COUNT ME IN FOR THE FREE PARENTING CLASS AT BEACON!

PLEASE RETURN YOUR RSVP BY MONDAY, FEB. 28

THE PROGRAM WILL BE HELD AT BEACON ON WEDNESDAY EVENINGS FROM 6:30—8:30

Parent Name: _____ Phone #/Email Address _____